



Louvain-la-Neuve, February 8, 2004

To whom is concerned

Recommendation Letter

I know Julien Dupuis since I have been his advisor for his research training (2002-2003) in our Centre for Psychology of Religion at the Université catholique de Louvain during his 5-year training as a psychologist in our Faculty of psychology at the same University. Julien Dupuis is an excellent student with strong dynamism, intellectual curiosity, and research-related motivation and questioning. He is particularly interested on the connections between cognitive and neuro-cognitive sciences and Buddhist psychology, Buddhist theory and practice, especially meditation, as well as on the empirical validation of theoretical statements.

During his research training in our Centre he carried out an original study on values, personality and cognitive determinants of interest and investment on Buddhism and Buddhist practice among people living in Belgium and having been affiliated to Buddhist Centres. In this aim, he collaborated with the President of Buddhist Union in Belgium. He successfully presented his results rather like a post-graduate student (than an undergraduate one) not only in a research seminar in our Laboratory, but also through a paper given in a symposium at the recent International Association of Psychology of Religion Conference (Glasgow, UK, August 2003). During this Conference he was able to interact constructively and at a considerably high level with scholars taking part in the Conference. We're at this moment in the process of preparing together a manuscript to be submitted to an international journal presenting the above-mentioned study.

I would like to strongly recommend Julien Dupuis for being accepted as a participant to the 2004 Mind & Life Summer Institute for Meditation Research and I believe he could be a constructive and highly interacting participant.

A handwritten signature in black ink, appearing to read 'V. Saroglou', written in a cursive style.

Prof. Vassilis Saroglou
Director of the Centre